

INTERNATIONAL COUNCIL OF
MULTIPLE BIRTH ORGANISATIONS

STRATEGIC PLAN

Championing the rights of multiples



ICOMBO
INTERNATIONAL COUNCIL OF
Multiple Birth Organisations

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INTERNATIONAL COUNCIL OF MULTIPLE BIRTH ORGANISATIONS

VISION

A world where the unique needs and rights of multiples and their families are understood and met.

MISSION

To collaborate globally to raise awareness of the unique health, educational, emotional and social needs of all multiples and their families. Through our actions, we continually strive to build strong networks to deliver positive health, wellbeing and educational outcomes, foster inclusion and ensure freedom from discrimination of any kind.



www.icombo.org

OUR VALUES

At ICOMBO we are clear about what we believe and hold important. We take care that our words, actions and behaviours align with these beliefs and uphold the following core values in order to deliver on our vision and mission:

INCLUSIVENESS

We are committed to inclusion, respect and fairness, and we value the diversity of experiences and perspectives our members and multiples worldwide bring to the multiples community.

COLLABORATION

Together we create positive change for the whole community. Harnessing our collective power we strive to build strong networks to support multiples and their families.

PROFESSIONALISM

We conduct ourselves in an honest, open, respectful and professional manner. We are ethical and guided by evidence, earning the trust of member organisations, professionals and families.

LEADERSHIP

As leaders we direct change, achieving a positive world for multiples. We believe in the work we do, our ability as a team and aim to inspire others to action by championing the rights of multiples.

DEDICATION

We are dedicated to a common cause and have a commitment to reliable research, appropriate training and development of resources. Through this dedication, the unique needs and rights of multiples and their families will be understood and met.



WHAT WE BELIEVE

- The right to freedom from discrimination
- The right to be and feel included
- The right to be informed of the risks of a multiple pregnancy
- The right to be able to access chorionicity and zygosity information
- The right to protection from unethical research practices
- The right to appropriate health care, particularly during pregnancy and longer term follow-ups
- The right to the latest scientifically correct information
- The right to protect the bond between multiples
- The right to be treated and included as individuals
- The need for a good support network (with access to a wide variety of disciplines and services such as health professionals, social services, relationship counsellors, employment services, education and the multiples community)
- The need for access to education and support for parental stress and pre-/postnatal complications
- The need for nutritional and feeding support specific to multiples (breastfeeding, formula and mixed feeding)
- The need for equal access to specialised education and assistance to promote and encourage bonding
- The right to appropriate care, counselling and support by professionals where co-multiples have congenital disorders and where perinatal/infant death occurs
- The right to access support around parenting multiples
- The right to factually correct information and guidance in optimal practices regarding the unique developmental aspects of multiples





OBJECTIVES

Objective One: Promote the principles detailed in the Declaration of Rights and Statement of Needs of Twins and Higher Order Multiples

Purpose: *To raise awareness of the unique needs of all multiples and their families in order to improve outcomes, foster inclusion and ensure freedom from discrimination of any kind.*

Objective Two: Provide information, guidance and advocacy to our member organisations and to families with multiples.

Purpose: *To support our member organisations and ensure that they, and the wider multiples community, have access to high quality information, tools and resources to support those with multiples and to be able to advocate for their needs.*



Objective Three: Build connections with multiple birth organisations worldwide, and with organisations and professionals of relevance to the multiples community.

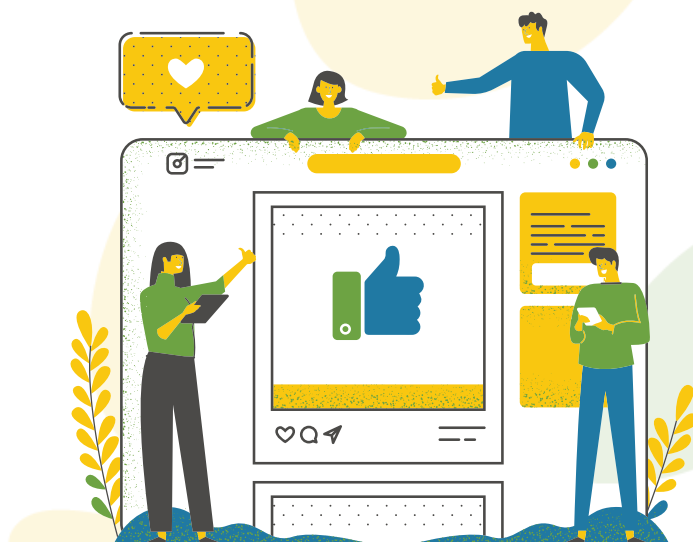
Purpose: *To provide leadership and facilitate the building of connections to help us deliver positive health, wellbeing and educational outcomes.*

Objective Four: Maintain a strong link with our founding organisation, the International Society for Twin Studies (ISTS).

Purpose: *To ensure we are well connected with the wider professional community involved in research with multiples and that there is a voice for multiples and their families.*

Objective Five: Conduct and participate in ethical research projects for the benefit of multiples and their families and to disseminate their findings.

Purpose: *To generate information that enables improvements in health, wellbeing and educational outcomes for multiples and their families.*



CONTACT DETAILS



Online

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Social Media

<https://www.facebook.com/InternationalCouncilofMultipleBirthOrganisations>

